

ABAR
VRK



ABAR



DY(NAMIC)SFUNCTION

- A** - Enjoys popping in for a few pops on his daily rounds.
- B** - Enjoys schooling A whenever he has the opportunity.
- A** - Drinks in the education, forgetting something he used to know to make room for new.
- N - D - I** - Avoid conversations with **B**.
- D** has a strong disdain for **B**.
- D** - Enjoys chatting with **A**. **B** may be aware of this.
- C** - Also enjoys chatting with **A**.
- If **D** manages to get **A's** attention - **B** sometimes turns to educate **C**.
- C's** head is full of...
- N** and **C** have a twisted bond - twisted in funny. I'm laughing.
- N** is not an Olympic Athlete.

DRINK BREAK

E - Enjoys conversations with everyone.

E - Enjoys inserting "**E**" into conversations. **E** - Enjoys food. **E** - Especially enjoys conversing with **LETTERS** he deems hot.

N - Is somewhat annoyed by **E**.

C - Enjoys conversing 1 on 1. **C** - Doesn't mind the stage. **C** - Shares opinions.

A - Often laughs at **C's** opinions.

C - Often laughs at **A** laughing at **C**.

I - Likes to be part of the conversation occasionally dropping in an unidentifiable foreign accent.

L - Has committed to never speak to **C** again (nine years and counting).

C - Wonders (rarely) why **L** would allow someone to occupy space in his head.

G - Seems at times to be unapproachable. "Hello" can lead to the unknown.

H - Enjoys chatting with **G**.

F H A B C E L - Are in relationships.

H B E L - Other halves are mostly invisible.

H - Has used derogatory terms to refer to **C**.

C - Just shrugged.

F - Enjoys dancing and bringing people together.

C - Enjoys bringing people together as well.

DRINK BREAK

A - Enjoys reading week because he doesn't have to learn.

I's - Accent becomes stronger.

C - **N** - Don't really enjoy communicating with **H**. They think **H** is judgemental. The last point was judgemental.

J - Is pleasant with a put-down loaded on **J's** tongue waiting to take civil to spite.

J - Once said to **C**, "I wish you were dead."

L - Still isn't speaking to **C**.

L - Just quaffed eighteen beers. **L's** eyes have turned into slits.

K - Thinks the Asians are going to destroy Vancouver.

K - Believes Sharia Law will be in Vancouver within five years.

K - Believes Asian girls are all sluts.

When **K** is reminded, **C** is with an Asian. **K's** response is "Your Asian is one of us now."

When **C** suggests **K**'s opinions may be wrong, **K** calls **C** "daft" then congratulates his debating skills.

M - Threatened to kill **C** the first time they met if he mentions anything about **M**'s family to anyone else (after **M** shared an in-depth family history. Fortunately, **C** wasn't listening.

On Monday's - **FHGBCEN** don't talk to **DILJKM**.

On Tuesday's - **FDGL** don't talk to **BKEM**.

On Wednesdays **F** doesn't talk to **L** **E** doesn't talk to **M**. **K** doesn't talk.

On Thursday's - Back to **abnormal**.

Friday's - The pints flow.

The weekend - Who knows?

D and **M** once talked ending with **D** leaving the conversation mid sentence.

The reaction: **M** told **C** that **C** is a lousy human being and a pussy. **M** told **C** that **C** is not reliable. **C** wasn't there when needed.

Two Months Later - **M** asked **C** for a large loan.

Fortunately, we are now living under an Asian lead coalition that has chosen to implement...

A - Wants to have a few pops and laugh!

A - Is all learned up.

BT - Simply stirs the pot!

DRINK BREAK



Despite the drama, when one visits **ABAR**, they will find a delightfully diverse group who for the most part is just trying to get through their days with a little social interaction and laughter. Without question, **ABAR** fills with laughter on most nights.

ABAR is family. Everyone is welcome. Everyone evolves, at different paces; of course.

NOTE: The character mix at **ABAR** is fictional; any resemblance to anyone living or dead is purely coincidental.

ORIGINAL ARTWORK by **C**

Don't forget to pick up your **ABAR** t-shirt.

DRINK BREAK

WHO IS LINDSAY WINCHERAUK?

Lindsay Wincherauk is a fearless writer. He has published two books and has had more than eighteen OPEDs appear in major commuter newspapers. Lindsay wasn't born with a silver spoon in his mouth. His father (who wasn't his father) worked as a mechanic. His mother (who wasn't his mother) worked as an excellent chef in a diner. In fact, his birth was in a secret place where |society deemed| unfit mothers were sent to give birth in isolation – shading families from shame. If the babies survived being born, usually, they were sold to wealthy Americans or adopted out to farm families.

Lindsay's life began with a lie.

Despite Lindsay's perilous beginnings, starting with deception, Lindsay knew no better and went through life excelling at things, usually in two-year stints. Be that athletics (hall of fame, record holding, one-eyed quarterback), scholastically, career-wise (generating more than \$70 million in revenue for one company), socially, + without question: creatively!

Lindsay's challenging beginning instilled in Lindsay heaping doses of compassion and empathy. Lindsay's life starting out as a lie gave him a keen sense to spot BS from miles away. It also provided him with a dry sense of humour and an understanding those born with silver spoons in their mouths will never be self-aware enough to understand (or admit) their good fortune.

During Lindsay's work career, he was well-liked by all coworkers. Lindsay was also well respected by his diverse collection of clients, developing several fantastic friendships, primarily because Lindsay is known for his unflinching integrity and ability to hold conversations on most topics.

Lindsay's life mantra is:

The most valuable part of life is the fabulous people we meet during our journeys. If you treat people with respect (leaving judgment at the door), and more importantly, by opening doors for those less fortunate or who can't speak up for themselves, you are living a good, compassionate life. Making money at all costs is not the only thing mattering. Life can be difficult + devastatingly unfair.

Lindsay believes sharing vulnerability is what makes us human. Lindsay will never shy away from being honest about his pain.

Lindsay also believes we must stand up for ourselves, + more importantly, for those who are too burdened by the injustices of life, they can't find the strength to stand up for themselves.

SOME THINGS LINDSAY IS MOST PROUD OF ARE WHEN:

- A sixty-year-old employee of his, who had entered a point of life where life had become more struggle than joy (it happens to all of us as we age), said to Lindsay, *“I must thank you. I’ve listened to how you treat people, + by listening, I’ve learned so much about compassion and patience. Thank you. I consider you a great friend.”*
- Another employee who was struggling with addiction thanked Lindsay for his kindness, presenting Lindsay with a Christmas card from him and his girlfriend. Tucked inside the card: lottery tickets.

LINDSAY WINCHERAUK, compassionate, empathetic, well-read, kind, blessed with unflinching integrity, humour in balance, loved by coworkers + friends alike.

Lindsay will always stick up for the underdog. Lindsay understands there are countless older people suffering job loss because COVID gave some companies an opportunity to – Lindsay thinks it is essential to draw attention to this life-threatening issue by being the voice for those too broken to speak up for themselves.

Lindsay is currently pitching four manuscripts to publishers and literary agencies. One of the manuscripts (he can’t talk about) will blow the roof off the predatory practices of – Lindsay is writing relentlessly and is also pitching OPEDs and short stories, fiction, + non to literary magazines around the globe.

Lindsay has appeared on Breakfast Television, radio programs in Montreal, + several others in the Vancouver area. Lindsay has also been a featured guest on CKNW + CBC, both on several occasions. And Lindsay was a vital witness of a Hate Crime. This led to the first Hate Crime conviction in Canadian legal history, resulting in him being a speaker at an Enough is Enough Rally (anti-violence rally) with dignitaries, politicians, law enforcement, and community leaders in front of a crowd of approximately five thousand.

Lindsay was the **#1 MIXED-TAPE DJ** at the **UNIVERSITY OF SASKATCHEWAN** for most of the nineteen-eighties, a fact bringing him joy.

Lindsay resides in Vancouver.
