No Excuse for All That





Lindsay WINCHERAUK

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NO EXCUSES FOR ALL THAT

Infidelity: an ugly beast that most people must deal with.

Let us make something perfectly clear: nobody cheats by accident. It is never a mistake.

Can you imagine?

"Honey, I was walking down the street, and I tripped, and next thing you know, I was having sex. It was an accident."

Tripping is an accident; cheating is ... CHEATING, it is that cut and dried.

SCENARIO 1

Plays out sort of like this: you have struck up a bit of a relationship with someone at work. Every day is filled with flirting. The two of you anticipate the day when you will finally get to consummate your friendship.

ONE PROBLEM

She has a boyfriend. Well, it is not really a problem. So, you must ask yourself two simple questions

- 1. Do you actually like this person?
- 2. And can you, in all honesty, imagine having a relationship with her?

If the answer is "Yes," then there is no problem at all. You have to let her know that the flirting must come to a stop.

It is not fair to her boyfriend, or for that matter, to you. As long as she is attached, you will no longer partake in this behaviour. You must make this perfectly clear.

SCENARIO 1

You or the love of your life has strayed for some reason and have spent some time in someone else's sandbox, toy room or whatever euphemism you choose to use for the infidelity.

Your relationship may be on the rocks. Perhaps you even genuinely love the person you are with. Yet, due to your own dysfunctions, you feel trapped.

There are a few things that may happen.

First, it may be a one-time thing or something your mate stumbles across by accident.

Maybe they confront you with it because they have some hard evidence.

Or maybe someone you know, a friend, a family member or worse yet, someone who has ulterior motives, knows, and informs you of it.

If you are the one doing the cheating, you are soulless, spineless ... Please take a step back and realize what pain and suffering you are about to inflict.

Why are you about to do this to someone who you love?

A SIMPLE ANSWER

All because of your own selfishness. If you can't keep it in your pants, then get out of your relationship.

If you are being cheated on, the answer is straightforward, but it may not be something that you want to hear.

There is almost no excuse for the disrespect, and if you are to find out, you must initially leave.

That is your only option. If you don't, you will never find the respect you deserve, and maybe you don't even deserve that respect.

"Honey, I was walking down the street, and I tripped, and next thing you know, I was having sex. It was an accident."

WHO IS LINDSAY WINCHERAUK?

Indsay Wincherauk is a fearless writer. He has published two books and has had more than eighteen OPEDs appear in major commuter newspapers. Lindsay wasn't born with a silver spoon in his mouth. His father (who wasn't his father) worked as a mechanic. His mother (who wasn't his mother) worked as an excellent chef in a diner. In fact, his birth was in a secret place where | society deemed | unfit mothers were sent to give birth in isolation—shading families from shame. If the babies survived being born, usually, they were sold to wealthy Americans or adopted out to farm families.

Lindsay's life began with a lie.

Despite Lindsay's perilous beginnings, starting with deception, Lindsay knew no better and went through life excelling at things, usually in two-year stints. Be that athletics (hall of fame, record holding, one-eyed quarterback), scholastically, career-wise (generating more than \$70 million in revenue for one company), socially, + without question: creatively!

Lindsay's challenging beginning instilled in Lindsay heaping doses of compassion and empathy. Lindsay's life starting out as a lie gave him a keen sense to spot BS from miles away. It also provided him with a dry sense of humour and an understanding those born with silver spoons in their mouths will never be self-aware enough to understand (or admit) their good fortune.

During Lindsay's work career, he was well-liked by all coworkers. Lindsay was also well respected by his diverse collection of clients, developing several fantastic friendships, primarily because Lindsay is known for his unflinching integrity and ability to hold conversations on most topics.

Lindsay's life mantra is:

The most valuable part of life is the fabulous people we meet during our journeys. If you treat people with respect (leaving judgment at the door), and more importantly, by opening doors for those less fortunate or who can't speak up for themselves, you are living a good, compassionate life. Making money at all costs is not the only thing mattering. Life can be difficult + devastatingly unfair.

Lindsay believes sharing vulnerability is what makes us human. Lindsay will never shy away from being honest about his pain.

Lindsay also believes we must stand up for ourselves, + more importantly, for those who are too burdened by the injustices of life, they can't find the strength to stand up for themselves.

SOME THINGS LINDSAY IS MOST PROUD OF ARE WHEN:

- A sixty-year-old employee of his, who had entered a point of life where life had become more struggle than joy (it happens to all of us as we age), said to Lindsay, "I must thank you. I've listened to how you treat people, + by listening, I've learned so much about compassion and patience. Thank you. I consider you a great friend."
- Another employee who was struggling with addiction thanked Lindsay for his kindness, presenting Lindsay with a Christmas card from him and his girlfriend. Tucked inside the card: lottery tickets.

LINDSAY WINCHERAUK, compassionate, empathetic, well-read, kind, blessed with unflinching integrity, humour in balance, loved by coworkers + friends alike.

Lindsay will always stick up for the underdog. Lindsay understands there are countless older people suffering job loss because COVID gave some companies an opportunity to —

Lindsay thinks it is essential to draw attention to this life-threatening issue by being the voice for those too broken to speak up for themselves.

Lindsay is currently pitching four manuscripts to publishers and literary agencies. One of the manuscripts (he can't talk about) will blow the roof off the predatory practices of —

Lindsay is writing relentlessly and is also pitching OPEDs and short stories, fiction, + non to literary magazines around the globe.

Lindsay has appeared on Breakfast Television, radio programs in Montreal, + several others in the Vancouver area. Lindsay has also been a featured guest on CKNW + CBC, both on several occasions. And Lindsay was a vital witness of a Hate Crime. This led to the first Hate Crime conviction in Canadian legal history, resulting in him being a speaker at an Enough is Enough Rally (anti-violence rally) with dignitaries, politicians, law enforcement, and community leaders in front of a crowd of approximately five thousand.

Lindsay was the **#1 MIXED-TAPE DJ** at the UNIVERSITY OF SASKATCHEWAN for most of the nineteen-eighties, a fact bringing him joy.

Lindsay resides in Vancouver.