

i THINK
I THINK

if **i** lose my mind. will **i** lose me?



BY **LINDSAY** WINCHERAUK

ABOUT A BOY



*A boy is born in a secret place. A dark place. A sad place.
His Mother is his Sister. Making her his Sister + his Mother.
His Father is his Grandfather.*

His Grandmother is just his Grandmother.

His Brothers used to be just Brothers. But then it is discovered they might be Uncles as well.

That turned them into Brunkles.

His Sisters used to be just Sisters. But then it is discovered they might be Aunts as well.

That turned them into Sisaunts.

The boy is never meant to know the truth because his birth brings with it, shame.

How could any of them be, okay?

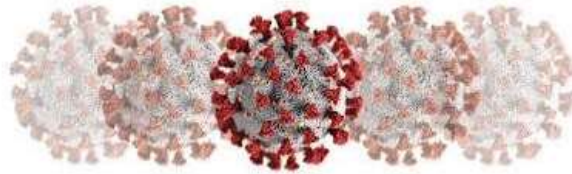
Especially, the boy and his Grandmother?

HUMANITY + RACISM
HUMANITY + RACISM

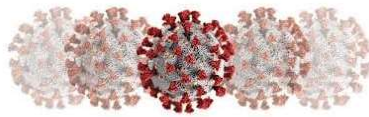
C'MON *WE ARE* BETTER THAN THIS
C'MON *WE ARE* BETTER THAN THIS



DEAR SOCIAL MEDIA USERS
DEAR SOCIAL MEDIA USERS



DEAR SOCIAL MEDIA USERS



MARCH 2020

Together we can make Covid-19 an OVERREACTION.
Would that not be fantastic

IF WE HAVE A FAVOUR TO ASK
BEFORE YOU POST YOUR THOUGHTS ON
HOW COVID-19 IS NO BIG DEAL
AND WILL BE OVER SOON
REMEMBER
YOU DON'T KNOW SHIT

YOUR GOOGLING SKILLS DON'T COUNT AS KNOWING SHIT



AND

PEOPLE ARE DYING

SO

BEFORE YOU POST YOUR THOUGHTS ON HOW
YOU ARE UPSET OTHER THINGS WEREN'T CALLED
PANDEMICS
REMEMBER
YOU DON'T KNOW SHIT
THERE ARE REASONS THINGS ARE CALLED PANDEMICS
IN THIS CASE THE ARE CALLED
WHUAN + ITALY + NOW: APPARENTLY STARTING IN SPAIN
AND
THIS IS HAPPENING NOW
SO
EDUCATE

"A pandemic is basically a global epidemic -- an epidemic that spreads to more than one continent," says Dan Epstein, a spokesman for the Pan American Health Organization, a regional office of the World Health Organization.

**BEFORE YOU POST DEATH STATISTICS FOR THE FLU
CALL THE CHILDREN OF THE PERSON WHO DIED IN BC**

AND

ASK THEM WHAT THEY THINK OF YOUR STATS

AND

ASK YOURSELF BEFORE YOU POST

WHY AM I POSTING?

DO YOU THINK PEOPLE SHOULD DO NOTHING?

SO

EDUCATE

5.4 Million Global Covid-19 Deaths (20 December 2021).

- Worldometer

BEFORE YOU POST THAT YOU ARE NOT AFRAID
AND FEAR WILL ONLY MAKE IT WORSE
AND FEAR WILL DESTROY THE WORLD ECONOMY

AND

WASH YOUR HANDS

YOU ARE RIGHT

MAYBE INSTEAD OF SCREAMING

WASH YOUR HANDS

SCREAM

CHANGE YOUR HABITS

EASY FOR A ONE-YEAR-OLD

NOT SO MUCH FOR A SIXTY-FIVE-YEAR-OLD

AND

WE GET IT

YOU ARE AFRAID

YOU MAY BE AFRAID

BECAUSE YOU HAVE INVESTMENT PROPERTIES

AND

YOU NEED PEOPLE TO GO TO THOSE PROPERTIES

OR YOUR DREAMS MAY FADE AWAY

EDUCATE

Panicking about a global pandemic won't help, experts say, but neither will denying the reality that novel coronavirus is a totally different disease from influenza, as could be its potential impact if the disease is allowed to spread.

REMEMBER

**THERE ARE HOMELESS PEOPLE
THEIR GATHERING PLACES AND SOUP KITCHENS
ARE SHUTTING DOWN**

EDUCATE

There's been a consistent message from B.C.'s health officials amid the COVID-19 pandemic: wash your hands and stay home if you're sick.

But what do you do if you don't have access to soap and water, and don't have a home to stay in if you're sick?

It's a question facing British Columbia's homeless population, already a vulnerable group, and one Oppenheimer Park homeless camp liaison Chrissy Brett says makes addressing the pandemic a problem.

"It's just not possible," she said of self-isolation.

"Homeless people here at Oppenheimer Park have access to very limited bathroom facilities, running water, soap and bathrooms," she said.

B.C. schools urge calm and education during coronavirus outbreak – Mar 11, 2020

"There are two [shared] bathroom stalls currently and a third with a urinal."

Brett said even residents of the city's Single Room Occupancy (SRO) hotels are forced to share bathrooms, making them potentially serious vectors for viral transmission if the pandemic worsens in Vancouver.

She said at a minimum, the city should install festival-style hand sanitation stations at Oppenheimer, and boost peer programming for bathroom access in other city parks.

- Global News (12 March 2020)

REMEMBER

THE BARTENDER AT YOUR FAVOURITE WATERING HOLE
NEEDS TIPS FROM REGULARS TO SURVIVE

AND

MAYBE THE REGULARS FALL INTO THE AT-RISK GROUP

AND

THE TIPS ARE DISSAPPEARING

REMEMBER

**YOUR SIGNIFICANT OTHER
MAY NOT SHARE THE SAME VIEWS AS YOU**

OR

HAS FAMILY ELSEWEHERE

AND

**IS AFRAID TO CONTRADICT YOUR OPINION
MAYBE YOUR SELF-CENTERED ATTITUDE
IS STIFLING YOUR PARTNER'S FEAR**

WHEN THIS ALL STARTED
 LIKE MANY
 I THOUGHT
 NO BIG DEAL
 MORE PEOPLE DIE BECAUSE OF GUNS DAILY
 I AM 100% POSITIVE
 I WILL NEVER CATCH A GUN

EDUCATE

GVA - Seven Year Review	2014	2015	2016	2017	2018	2019	2020
Deaths - Willful, Malicious, Accidental	12,418	13,537	15,112	15,679	14,896	15,448	19,411
Suicides by Gun	21,386	22,018	22,938	23,854	24,432	23,941	Pending
Injuries - Willful, Malicious, Accidental	22,779	27,033	30,666	31,265	28,284	30,186	39,492
Children [aged 0-11] Killed or Injured	603	695	671	733	664	695	999
Teens [aged 12-17] Killed or Injured	2,318	2,695	3,140	3,256	2882	3,122	4,142
Mass Shooting	269	335	382	346	336	417	611
Murder-Suicide	624	530	549	608	623	632	573
Defensive Use [DGU]	1,531	1,393	2,001	2,107	1874	1,597	1,478
Unintentional Shooting	1,605	1,969	2,202	2,039	1691	1,905	2,315

[HTTPS://WWW.GUNVIOLENCEARCHIVE.ORG/](https://www.gunviolencearchive.org/)

IN CANADA
WE HAVE A CHANCE TO STEM THE SPREAD
BY LEARNING FROM OTHER COUNTRIES
IF WE DO
WOULDN'T THAT BE FANTASTIC

WE ALL DREAM OF YOUR "I TOLD YOU SO" MOMENT

BUT
NOT

**IF YOU ARE POSTING JUST TO SHOW OFF YOUR
GOOGLING SKILLS**



**WITHOUT OFFERING AN OUNCE OF WHY YOU ARE?
OR AN OUNCE OF COMPASSION OR EMPATHY**

AND
WAD

**IT ENCOURAGES EVEN ONE PERSON TO GO OUT WHILE SICK
I AGREE WITH YOU**

EDUCATE
EDUCATE

Stay home. Do nothing. Save lives.

That might well end up being the story of how Canada conquered the terrible pandemic of 2020.

While Italy and other countries waited to act until cases were flooding hospitals, Canada has a chance to get out ahead of the COVID-19 crisis, according to the researchers who have been watching the coronavirus wreak deadly havoc around the world.

"We can't afford to wait until we see how bad it is," said Dr. David Fisman, a University of Toronto epidemiologist. "That just means that you've missed the boat."

But social distancing is one of the most challenging things many Canadians have ever been asked to do.

Up close, it's messy. As schools close and events are cancelled, it looks like a society in retreat.

But in fact, it's a society taking control of a situation — a country pulling together in a collective effort to head off disaster.

- CBC (14 March 2020)

THAT WHAT I'M GOING TO TYPE NEXT
WILL NOT LIKELY HAPPEN

BUT
NOT

IT MIGHT
AND IF THAT PERSON THINKS YOU ARE RIGHT
GOES OUT
WHILE SICK
AND INFECTS OTHERS
YOU MIGHT KILL PEOPLE

**MOST PEOPLE ARE REASONABLE
MOST PEOPLE WANT THIS TO GO AWAY
NOBODY NEEDS YOUR GOOGLING SKILLS TO CALM DOWN
I'M SURE PEOPLE IN ITALY AT FIRST THOUGHT
NO BIG DEAL
IF PEOPLE ARE COMING TO YOU FOR ADVICE
WE ARE ALL DOOMED**

AND

WHY DO ANY OF YOU CARE ABOUT PEOPLE BUYING TOILET PAPER?

I GET IT

IT IS THE QAUNTITY

IT'S THE RETAILER'S RESPONSIBILITY TO LIMIT PURCHASE SIZE

OR

LINEUPS AT COSTCO?

DO YOU THINK YOU ARE BETTER THAN THEM?

ARE YOU ANGRY BECAUSE OF THE LINEUPS
GET OVER YOURSELF
PEOPLE ARE SCARED

PLEASE QUIT POSTING SHIT
WITHOUT AN OUNCE OF NUANCE

BECAUSE

WHEN YOU DO

YOU ARE JUST BEING AN ASSHOLE

STAY SAFE

IN A FEW WEEKS WHEN THINGS CALM DOWN

AND HOPEFULLY

IN THE MEANTIME

THE DEATH COUNT DOESN'T CLIMB

THIS IS NOT THE NORMAL FLU

WHY?

1

THERE IS NO VACCINE

2

IT IS HAPPENING NOW

THE LAZY CORONA JOKES SURE WERE FUNNY

WHEN

PEOPLE WERE DYING IN ASIA

NOT SO MUCH NOW

WHAT'S THAT?

THEY WERE NEVER FUNNY

LET'S LEARN FROM THE TRAGEDIES ELSEWHERE

AND

TURN THIS

INTO

AN

OVERREACTION

WHO IS LINDSAY WINCHERAUK?

Lindsay Wincherauk is a fearless writer. He has published two books and has had more than eighteen OPEDs appear in major commuter newspapers. Lindsay wasn't born with a silver spoon in his mouth. His father (who wasn't his father) worked as a mechanic. His mother (who wasn't his mother) worked as an excellent chef in a diner. In fact, his birth was in a secret place where |society deemed| unfit mothers were sent to give birth in isolation – shading families from shame. If the babies survived being born, usually, they were sold to wealthy Americans or adopted out to farm families.

Lindsay's life began with a lie.

Despite Lindsay's perilous beginnings, starting with deception, Lindsay knew no better and went through life excelling at things, usually in two-year stints. Be that athletics (hall of fame, record holding, one-eyed quarterback), scholastically, career-wise (generating more than \$70 million in revenue for one company), socially, + without question: creatively!

Lindsay's challenging beginning instilled in Lindsay heaping doses of compassion and empathy. Lindsay's life starting out as a lie gave him a keen sense to spot BS from miles away. It also provided him with a dry sense of humour and an understanding those born with silver spoons in their mouths will never be self-aware enough to understand (or admit) their good fortune.

During Lindsay's work career, he was well-liked by all coworkers. Lindsay was also well respected by his diverse collection of clients, developing several fantastic friendships, primarily because Lindsay is known for his unflinching integrity and ability to hold conversations on most topics.

Lindsay's life mantra is:

The most valuable part of life is the fabulous people we meet during our journeys. If you treat people with respect (leaving judgment at the door), and more importantly, by opening doors for those less fortunate or who can't speak up for themselves, you are living a good, compassionate life. Making money at all costs is not the only thing mattering. Life can be difficult + devastatingly unfair.

Lindsay believes sharing vulnerability is what makes us human. Lindsay will never shy away from being honest about his pain.

Lindsay also believes we must stand up for ourselves, + more importantly, for those who are too burdened by the injustices of life, they can't find the strength to stand up for themselves.

SOME THINGS LINDSAY IS MOST PROUD OF ARE WHEN:

- A sixty-year-old employee of his, who had entered a point of life where life had become more struggle than joy (it happens to all of us as we age), said to Lindsay, *"I must thank you. I've listened to how you treat people, + by listening, I've learned so much about compassion and patience. Thank you. I consider you a great friend."*
- Another employee who was struggling with addiction thanked Lindsay for his kindness, presenting Lindsay with a Christmas card from him and his girlfriend. Tucked inside the card: lottery tickets.

LINDSAY WINCHERAUK, compassionate, empathetic, well-read, kind, blessed with unflinching integrity, humour in balance, loved by coworkers + friends alike.

Lindsay will always stick up for the underdog. Lindsay understands there are countless older people suffering job loss because COVID gave some companies an opportunity to – Lindsay thinks it is essential to draw attention to this life-threatening issue by being the voice for those too broken to speak up for themselves.

Lindsay is currently pitching four manuscripts to publishers and literary agencies. One of the manuscripts (he can't talk about) will blow the roof off the predatory practices of – Lindsay is writing relentlessly and is also pitching OPEDs and short stories, fiction, + non to literary magazines around the globe.

Lindsay has appeared on Breakfast Television, radio programs in Montreal, + several others in the Vancouver area. Lindsay has also been a featured guest on CKNW + CBC, both on several occasions. And Lindsay was a vital witness of a Hate Crime. This led to the first Hate Crime conviction in Canadian legal history, resulting in him being a speaker at an Enough is Enough Rally (anti-violence rally) with dignitaries, politicians, law enforcement, and community leaders in front of a crowd of approximately five thousand.

Lindsay was the **#1 MIXED-TAPE DJ** at the **UNIVERSITY OF SASKATCHEWAN** for most of the nineteen-eighties, a fact bringing him joy.

Lindsay resides in Vancouver.
