

Seed's Sketchy Relationship Theories A Guide to the Perils of Dating

(HOW NOT TO BECOME A BAR REGULAR)

What the First Readers are Saying

"It is like all of these thoughts fell out of my head and right onto the pages."

- **the seed.**

"This is one of the greatest literary works of the century. I believe it will save a lot of troubled relationships. I know if I had only received this wealth of information sooner, I would still be alive on the inside."

- **Bill (a broken bar regular in Chicago)**

"It is a funny thing, sometimes when you take a bunch of words and throw them together in the right order, they seem to form sentences."

- **the seed.**

"I read this book cover to cover several times and each and every time I was actually riveted by the sheer passion and intensity. Every time I would rush home and give Harry a little something, something to show how I really feel about him. I knew Seed was gifted when I read his early work and actually I believe I am responsible for a great deal of the success he is receiving now. I made him who he is today."

- **Mrs. Grant (Seed's grade 5 English teacher)**

"Who's Harry?"

- **Tom (Mrs. Grant's husband)**

"I love pork. I could eat it every meal of the day. Wait, I do eat it every meal of the day. Thank God, that I like it so much."

- **German Seed**

"I have read *War and Peace*. This is nothing like it."

- **Carl (some guy who read *War and Peace*)**

"Fuuuuucckk!!!"

- **Mary (Head of Mothers Against the Use of Profanity in America)**

"Just because I am your mother, doesn't give you the right to know my name."

- **Seed's mother**

"I really enjoyed the way he numbered the pages: 1, 2, 3, 4... I found it to be quite convenient and logical."

- **Mr. Carlyle (Seed's grade 7 math teacher)**

"Hey!!! You cut me off jerk."

- **Dick (an angry motorist)**

"Thank You Seed. You basically made me who I am today. I think my star will be shining brightly, thanks to you."

-**Johnny**

"Did you call me an *Attention* ----?"

- **Chastity**

"Well it took me a while but I finally was given the time to read it and it is **GOOD!** An entertaining read with realistic, useful information. My favorite line is: **They have their own bars... why can't they have their own book?** You have a winner here and now is time to unleash it on the world whether they can handle it or not."

- **W**

"It is a great honor to be accepting this award. I had some stiff competition from such words as *fuck, a, and, attention, girl, boy, woman* and *period*, along with thousands of other words that were in the running. As for the words *on* and *in* ... you came close! At this time I would also like to thank....."

- **The word "This" (accepting an achievement award)**

"I have had a fantastic time reading this book. Some parts were totally hilarious, others made me think, which I feel is the point of the book in the first place. I love the raw energy and passion that Seed exudes in his writing. It is nice to see someone has the balls to tell it how it is; at least from his perspective. I think this Seed fellow is onto something big. I look forward to future works from him."

- **Greg (some guy in Germany, one of the first people to read the book)**

"Hello!!!"

- **the seed. (answering the telephone)**

"Yes, we accept MasterCard, Visa, American Express, Cash, Money Orders and Certified Cheques. So how many Bobble Heads would you like?"

- **Velvet (a clerk at Seed's Succulent Boutique - a true Hollywood 10)**

"Ohh My!!! Ohh My!!! Not only does German Seed know how to touch the G spot, but he knows where the H, I, J and K spots are as well. Can I just say he is some sort of Sexual Dynamo!!! And by the way the book is kicking."

- Angela (past lover of German Seed)

"I really like the paper."

- Pepe (a blind panhandler)

"I am not lying Marge. I am just writing fiction with my mouth."

- Homer Simpson

"What a fucking laugh I got from your book. I cannot wait to read more!!!! Awesome job buddy. Finally at 40-something years old, you have found your calling. Great job. I am proud of you!!!"

- Rick Gillis

"I must commend Seed. He has tackled a very tough subject matter and spared the fluff that most books on relationships inflict upon us. He has shared big parts of his life to give the reader an understanding of where a lot of his knowledge comes from. It is very refreshing to see that he never held back on his opinions. He seems to say what everyone else seems to be afraid of saying and he talks from the heart. The book is laced with deep thoughts and yet it is filled with original comedy to keep it light and fresh to read. If you read it with an open heart and an open mind, Seed provides a very powerful positive message. I highly recommend this book to anyone trying to sort out their personal relationships or for those who simply want a good laugh. It is rare but Seed provides us with both. I wish him great success."

- David (typesetter for a large printing company)

"As the great philosopher of our time, Yogi Berra, once said: *If you don't know where you are going, you will wind up somewhere else.* Deep, very deep. Judging by your book cover and birth certificate, you seem to know where you are going! Love the birth certificate."

- YT

"Do you realize what you have here? What you have is worth several million dollars and I would like to be part of bringing that to fruition."

- Wade (discussing the possibilities of representing Seed)

"Welcome to the Burger Barn. Can I take your order?"

- the seed.

CHAPTER 1

Opening Rant

“Promise Yourself:

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all of your friends feel that there is something special in them.
- To look at the sunny side of everything and let your optimism come true.
- To think only of the best, to work only for the best and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to greater achievements of the future
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble!”

-Christian D. Larson



The World is a fucked up place.

At the time that I started writing this (early 2003) the globe was spinning out of control and not necessarily in a positive spiral. We currently have a global population of over six billion people... wait, six billion and one thousand more... wait, six billion and two thousand more..... I can't count fast enough. Just think: in the beginning, which is really not long ago, we started with two.

Hell, the USA is less than 200 years old and it has a population of over 290 million.

Never has there been a time in the short history of modern mankind where there has been so much uncertainty. We've recently had maybe one madman threatening world peace. Who knows it may actually be several madmen who are in charge of our current destiny.

We've had a man who most would call less than the brightest bulb in the pack,

lead the Western world and our only true superpower into war (perhaps World War 3), even though the majority of people are not certain if this was the right thing to do.

Every passing day, every bombing or ambush in Iraq, and every soldier killed in a country that was supposed to be liberated and not occupied, emphasizes this point. However; it appears to be this man's agenda and what he needed to do to save his administration. Let us hope, and if you are a spiritual person, pray, he is doing the right thing.

In a way the world is like NCAA College Football. The USA is sort of like Nebraska. During the regular season they play Gopher State and Helen Keller University, with the end result being annihilation. This is all in preparation for one of their only meaningful games of the year: the big moneymaking bowl game.

Think about it for a moment: the USA is looking out at the world and concludes on one hand Iraq is run by a maniacal dictator who oppresses and tortures his own citizens.

On the other, China is in a similar situation, with the atrocities against its own people being maybe greater than that of Iraq.

However; if the USA was to challenge China they just might lose that game so instead they attack Iraq, which in terms of its military strength resembles the football prowess of Butthead State. The outcome is quite predictable. The USA annihilates them sending a message to every other challenger. Let's hope their actions and policies don't lead to a bowl game (vs. North Korea)?

At the present time the world media is controlled by a few, resulting in a situation where you have to ask: Can we really trust the information we are being fed?

If you turn on the news, it is one tragedy after another, most of the stories create a scenario where leaving home seems like a risky venture. Think about it. On any particular day you can read about **Hurricanes**, Snipers, Al Qaeda, Aids, SARS, the West Nile Virus, Ebola, Mad Cow Disease, the Avian Flu and major cities in the Eastern US and Canada being shut down by the blackout of 2003, along with countless things threatening humankind as we know it.

Technology is out of control. No one can keep up with the daily advances are taking place. It was not long ago when the party-line was used in rural communities. These advances cause the gap between the rich and poor to become greater with the middle class becoming eroded.

Never has there been a time when huge companies are failing overnight with the ramifications to the stock markets being extreme. Big-time managers, however; though their companies are broke, still keep their villas and "earn" enormous bonuses. The investors are left holding the bag.

Our weather appears to be changing dramatically. We have Global Warming caused supposedly by the greenhouse effect. There is El Nino, La Nina and whatever other supposed phenomena affecting the Earth's climate. One must ask: If this is naturally caused or controlled by man. Or, is man too fucking stupid to see that acre after acre of rainforest is not worth obliterating in order to raise cattle for fast food chains.

Have you noticed that the "flood of the century" seems to come every few years?

Hurricanes, typhoons and tornados are commonplace. Droughts, mild winters no big surprise. Have you ever stopped to think why this is so?

Interesting things to ponder...

If one is to believe the Mayan calendar, this is starting to happen for a reason and on December 21, 2012 things will become clear.

[We need to get back to a day where we say
"Hi" to our neighbors instead of fearing them.]

There are different theories on what may happen on this day. Standard thought is the world is starting to go through a transformation of sorts--or one big correction as we go into the next cycle in the history and evolution of mankind. The dramatic events taking place now are sort of a weeding out of evil. When this above-mentioned date comes, those who adjust or transform (basically get it), will have a chance to move forward into a better, more evolved earth. We are not promoting this belief, but just saying that it is definitely food for thought.

On the one hand you can have a world filled with war, hatred, fear, tragedy, racism and crime. No wonder relationships are struggling and the divorce rate is so high. We are living in a world of "me" time. Everyone seems to have stopped thinking of others and just looks at what is best for them.

Fuck, how many different types of rage have been diagnosed over the last few years. The world needs to slow down. Life is moving too fast. Everything is not that important. We need to get back to a day where we say "Hi" to our neighbors instead of fearing them. We are all in the same ball game together.

On the other hand, it's not all bad: I'm happy, in fact, I'm individually optimistic, yet, globally pessimistic.

Can we change the course of things to come?

I don't know.

We've messed it up pretty bad.

Just think about it for a moment. The family unit is in a state of crisis; the

institution of marriage may be failing; c'mon, two drinking buddies getting married in Ontario?

I suggest in the future for those of you walking down the aisle could you please uncross your fingers and take your tongue out of your cheek. You're only screwing up your kids and, in turn, our world.

If everyone actually meant, "till death do us part," the divorce rate may only be 20 - 25 per cent resulting in:

- At least a 50 per cent reduction in unwanted children, in turn resulting in:
- A smaller global population, in turn resulting in:
- Less consumption, in turn resulting in: HOPE!

Wait a second, if that was the equation. I might not exist.

We have certainly left one messed up world for the next generation to try to fix. It's too bad most of them come from broken homes. How are they going to fix the world, when they can't even fix themselves?

How do we implement these changes?

First off, we can turn off the news and start looking at things positively.

As hard as it may be, we can all try to be aware of our emotions and no matter how hard it is, only be positive about things.

We are all in a way being controlled or at least influenced by the media. So, shut off the TV for a minute and think. A shuttle tragedy, though a horrific event, does not warrant a lot of discussion by the average person, unless you have family members involved or you work at NASA. It can only create more despair, fear and negativity in the average man.

A 100-car pileup on the Interstate does not need to be discussed, though tragic it is not positive, it does not warrant much time unless you are directly affected or on the safety committees that help design highways.

We know this sounds cold and our hearts go out to those who lost loved ones, but the world is challenging enough caring and looking out for those who are in our lives. If we are also being filled with the pain of people we don't know and have nothing to do with, how are we ever going to find peace and happiness?

Come on people.

We all have at one time or another mourned the loss of a celebrity, athlete or a politician. We don't need to worship these people. We need to worship those around us that matter to us.

PERIOD

Celebrities, athletes and politicians have their own loved ones. We can appreciate what they have added to our lives in the form of entertainment or policy changes, but that is it.

What we are saying here: Maybe more so than at any other time in history, it may be in our best interest to start looking at ourselves and the people in our lives who matter, and to try to encourage, nurture, love and, most important, be positive around them.

We know that if you appear to be happy all the time and not consumed with some sort of despair in these trying times, people may start looking at you like you are crazy.

The choice is yours. Would you rather be happy and fucking crazy than immersed in all of the troubles of this big-fucked up world?

If you believe the message of the Mayans, those who remain positive, remove negative thoughts and love others have a chance of evolving. Whereas, those who are negative and filled with despair---well, your world as you know it may be coming to an end. In fact, if you are this way your world has probably been over for a while anyway.

Unfortunately for me during the writing of this book I became a case study in how important it is to care and nurture those whom you love, the people who are really important. In a one-month period of time, the following events occurred in my life.

1. My relationship, which I deeply cherished, suddenly and unexpectedly came to an end for no understandable reason.
2. A 28 years old friend came to me to tell me that he has cancer and does not have much time to live.
3. Another friend told me one Friday afternoon that his life sucked. I tried to encourage him. He went home and hung himself.
4. My closest Aunt called to tell me she was changing her will and, *oh by the way*, that she might be sick and dying. Less than one month later she died.
5. And, finally, after that you'd think it would be enough, my last remaining uncle of died unexpectedly.

At that moment I realized I was fucked-up. I could not even drum up an emotion when hearing about the loss of my uncle; unless numbness is considered an emotion.

To top it all off, I started thinking about the loss of my parents, which happened in my early 20s. I watched them take their last breaths a year apart, from

un-related cancers. I thought I had dealt with those emotions; however, they came rushing back.

I am not revealing this for sympathy, I am revealing this because it illustrates how important it is, not to spend too much time or emotions on the other tragedies of the world, that honestly, do not directly impact our lives. It is hard enough to process things in one's own life and at the same time to be concerned with tornados in Oklahoma. OK, if you live in Oklahoma or one of the neighboring states, then fine, worry about it. If you live in Alaska, you probably have more pressing issues (we hope) to deal with.

Another thing I learned during this time is that most people in this world are so fucking self-absorbed they forget to be kind to strangers. Due to trivial shit (John was supposed to pick me up at 6 and he was 5 minutes late), which they think is actually important, they treat strangers rudely without knowing, or caring, what is happening in that person's world.

The message here: I don't care where the fuck you are---at the counter at McDonald's, your Mechanic's or even your Doctor's office; just because your illegitimate son neglected one of his chores, don't take it out on a stranger. These people are human as well and are trying to get through their day-to-day challenges, and who knows---maybe they just lost a loved one in a tragedy. The last thing they need is to take crap from you. Sorry if that sounds harsh, but believe me, if we all listen to this advice it would definitely be a kinder world.

You may all be thinking by now this Seed guy is a jaded cynical bastard. Well, he is not. He is basically just another guy who is mostly happy, loves those important to him and would do anything for them without condition. He likes to try to be brutally honest: Take that for what it is worth. Hell, I am not asking you all to agree with me. It is just one man's opinion and takes on the current state of affairs in the world.

...Hey, this book is supposed to be a light-hearted look at relationships. However, I believed it was necessary to comment on the way things presently are, from our perspective, to give you an understanding on why relationships are taking such a beating in this current version of the world.

With all of the uncertainty and fear present, how can it be any other way?

It has become "me" time. It doesn't have to be. Everyone needs to slow down, take a big deep breath, and stop letting the outside world affect them so much.

If you can do this you may actually have a chance of making it through this mess.

I'm not saying people in general are not good hearted and caring. Unfortunately, the fact is a lot of people are egotistical, shallow, conniving and fucked-in-the-brain. The point: I am asking people to stop acting like sheep and

live their own lives.

Is that too much to ask?

Well is it?

Having said all of this I am sure you are confused as to what this book is about. It couldn't all be light, there had to be a reason relationships are in a confusing, beat up mess. I think the above rant gives you some insight into our view of what has happened to our world and why, like our world, relationships have spun out of control. They are evolving as well, once again, not necessarily in a positive way...

So, to help you wind your way through the mess and understand what is happening, here it is: *Seed's Sketchy Relationship Theories*.

Let's lighten up and start looking at things from a different perspective.

All we ask of you:

- ✓ Turn off the news.
- ✓ Laugh, smile and cry from time to time. Have a blast. Treat others with kindness. Make your "moments" memorable. Don't have kids just for the sake of it---kids aren't puppies.
- ✓ Avoid confrontations: life is too short.
- ✓ And, most important, remember to hug each other.

We may not be able to fix the mess; however, we can have a blast during the ride.

